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News Release

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Family Health and Safety Day to be Held at University Hospitals Amherst Health Center

AMHERST, OH – Join University Hospitals in celebrating good health by attending a Family Health and Safety Day on Saturday, August 13 from 10 a.m. – 2 p.m. The event will be held under a tent on the grounds of UH Amherst Health Center, 254 Cleveland Avenue, Amherst.

The family-friendly event will feature activities such as an inflatable slide; face painting; a roaming magician; child fingerprinting; tours of fire, police and safety vehicles; a helicopter landing (weather permitting); and a car seat fitting station. Free wellness screenings, including: balance and gait; blood glucose; bone density; cholesterol; hearing; stroke risk; respiratory and pulmonary lung function will also be offered. Additional screenings that require preregistration include: carotid and lower extremity vascular.

Representatives from UH Elyria Medical Center service lines will be on-site offering health and wellness tips and information. They include: UH Harrington Heart & Vascular Institute; ER; Imaging; Family Birth Center; Human Resources and more, along with representatives from the Center for Orthopedics and the Fitness Center at UH Avon Health Center.

Attendees can enjoy free picnic-style food, including hot dogs and beef sliders, popcorn and ice cream during the event, while listening to live music.

For more information about the event – which will be held rain or shine – visit UHhospitals.org/FHSD or to register for select health screenings, call 216-767-8435.

About University Hospitals Elyria Medical Center

Founded in 1908, University Hospitals Elyria Medical Center is a 387-licensed bed hospital with additional campuses in Amherst (UH Amherst Health Center), Avon (UH Avon Health Center) and Sheffield (UH Sheffield Health Center), along with medical offices in Grafton, North Ridgeville and Westlake. Part of the University Hospitals health system, UH Elyria Medical Center offers patients access to UH Case Medical Center, a nationally recognized academic medical center, as well as programs from internationally recognized centers of excellence such as UH Rainbow Babies & Children's Hospital and UH Seidman Cancer Center. UH Elyria Medical Center has been designated a certified primary stroke center by the Joint Commission, and recently received the American Heart Association/American Stroke Association's Get With The Guidelines® - Stroke Silver Plus Quality Achievement Award. For more information, visit UHElyria.org.

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