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FOR IMMEDIATE RELEASE

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Eastern Therapies Topic at Cancer Support Group Meeting

Marysville, Ohio – Cancer patients, their friends, and families will learn how holistic therapies may be used to safely and effectively complement conventional Western medicine during an upcoming cancer support group meeting at Memorial Hospital. The Chicken Soup Group meets monthly to enjoy a chicken soup-like meal, hear about topics of interest, and participate in discussion.

Polly Morgan of Acupuncture & More, LLC in Marysville will explain how acupuncture can help cancer patients in a number of ways, including boosting blood levels to help patients undergoing chemotherapy. She will also do a demonstration.

Jessy Ferguson, a certified instructor in Qigong and other martial arts will demonstrate gentle exercises that may increase relaxation, and reduce anxiety and depression.

Cancer patients and a family member or caregiver may attend the free meeting on Tuesday, Feb. 23 at 5:30 p.m. in the Conrad Room in the Heart & Surgical Pavilion at Memorial Hospital, 500 London Ave., in Marysville (use Entrance B). Please register by calling (937) 578-2862. Participants are encouraged to wear clothing that is comfortable for making simple movements.

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