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## News Release

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### University Hospitals Elyria Medical Center to Host Inaugural Women's Health Expo

ELYRIA, OH – University Hospitals Elyria Medical Center is proud to host its inaugural Women's Health Expo on Saturday, September 19, 2015 at the Spitzer Conference Center at Lorain County Community College. The event, which begins at 8:00 a.m. and lasts until 12:30 p.m., is free but space is limited. Pre-registration is required.

The event's presentations will be focused on women aged 50 and over, and will be given by physicians and other health care professionals affiliated with UH Elyria Medical Center. Topics will include: heart health, bone health, incontinence, sexual health after menopause, migraines and sinus conditions. Attendees will leave both informed and inspired about their personal health and wellness, armed with a range of practical, easy-to-use advice.

The day will begin with a hot, heart-healthy breakfast and an opportunity to receive a free health screening or browse information by select, local vendors. A door prize and giveaways will round out the information-packed event.

Contact your female family, friends and neighbors and make plans to attend the inaugural Women's Health Expo hosted by UH Elyria Medical Center. Please pre-register no later than September 11 by calling 1-800-883-3674.

The Spitzer Conference Center at Lorain County Community College is located at 189-199 Innovation Drive, Elyria. Plenty of free parking is available.

#### **About University Hospitals Elyria Medical Center**

Founded in 1908, University Hospitals Elyria Medical Center is a 387-licensed bed hospital with additional campuses in Amherst (UH Amherst Health Center), Avon (UH Avon Health Center) and Sheffield (UH Sheffield Health Center), along with medical offices in Grafton, North Ridgeville and Westlake. Part of the University Hospitals health system, UH Elyria Medical Center offers patients access to UH Case Medical Center, a nationally recognized academic medical center, as well as programs from internationally recognized centers of excellence such as UH Rainbow Babies & Children's Hospital and UH Seidman Cancer Center. UH Elyria Medical Center received the American College of Cardiology's NCDR ACTION Registry – GWTG Platinum Performance Achievement Award for 2015; one of only 319 hospitals in the nation to receive this designation. For more information, visit [www.UHElyria.org](http://www.UHElyria.org).

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