

Press Release

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Oxford, Ohio - McCullough-Hyde's Obesity Workgroup Awarded \$15,000 Grant.

As a non-profit organization, McCullough-Hyde Memorial Hospital/TriHealth (MHMH) is required to complete a Community Health Needs Assessment every three years. These assessments allow MHMH to identify and address the top needs in our community.

Three Community Workgroups were formed after MHMH completed their last Community Health Needs Assessment by the Coalition for a Healthy Community. The three groups area: Oxford Area – Alcohol and Other Drugs (Chaired by Miami's Rebecca Baudry), Mental Health (Chaired by Talawanda's Amy Macechko), and Obesity Prevention (Chaired by MHMH Director of Community Health and Wellness, Sharon Klein).

Klein's Obesity Prevention Workgroup applied and was granted a 5 year "Thriving Community" grant from Interact for Health to improve active living. The first year, the workgroup will receive \$15,000. MHMH will act as the fiscal agent for the grant. The Workgroup will use the funds to achieve the following goals:

- Collaboration in development of the infrastructure for safe travel by pedestrians and bicycles
- Advocating for local parties that support active living
- Expanding awareness and engagement of all demographics through social marketing

With the help of MHMH, the Obesity Prevention Workgroup has held several programs over the last 18 months in order to launch their plan, including their latest, "Yoga in the Park" program, which was a huge success. The community will be kept informed with any new information on "Rox," their social marketing mascot, and other community events, all of which will help build a healthier community.

For any questions, or for more information, please contact Sharon Klein at: <u>Sharon_Klein@mhmh.trihealth.com</u> or by phone at 513-524-5421.

McCullough-Hyde Memorial Hospital is a non-profit, 60-bed, full service health care facility. Opening in 1957, McCullough-Hyde Memorial Hospital has five locations including Oxford, Hamilton, Ross, OH, and Brookville, IN serving patients from Butler and Preble counties in OH, and Franklin, Union and Fayette counties in IN. McCullough-Hyde Hospital is governed by a volunteer Board of Directors, with 600 employees, 90 physicians maintaining privileges representing 25 different medical specialties, and an active Auxiliary.