



An Affiliate of ValleyCare Health System of Ohio

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NEW HEART IMPLANT AVAILABLE AT TRUMBULL MEMORIAL HOSPITAL

Helps protect patients at risk for sudden cardiac arrest

(Warren, Ohio - March 14, 2014) A new procedure for those at risk of sudden cardiac arrest is now available at Trumbull Memorial Hospital.

The implantable defibrillator, known as the S-ICD is designed to protect patients against sudden cardiac arrest without touching the heart. Placed just under the skin, the implant automatically delivers a lifesaving shock when an abnormal heart rhythm is detected.

"This new implant has the opportunity to provide tremendous advantage for patients and broadens the scope of available treatment options," said board-certified electrophysiologist Mita Raheja, M.D., an independent member of Trumbull Memorial's medical staff who performed the first procedure done at Trumbull Memorial Hospital. "This implant literally allows us to access the heart without going through the veins, and there are no leads with this system so it reduces the patient's long term risk of infection."

The implant may not be appropriate for everyone at risk of sudden cardiac arrest, but it can provide an option for patients such as those who could not handle the traditional implantable defibrillator and even younger individuals.

The S-ICD device is about the size of an iPhone and is less visible and generally cannot be seen or felt like other defibrillator implants. It is also designed to not limit the range of motion a patient can experience after having a device implanted. Individuals are able to achieve a more normal lifestyle and resume their usual activities shortly after the outpatient procedure.

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About ValleyCare Health System of Ohio: *As one of the Mahoning Valley's largest employers, ValleyCare Health System of Ohio is a partnership of healthcare facilities committed to providing quality, innovative and compassionate care. Northside Medical Center in Youngstown and Trumbull Memorial Hospital in Warren are full service hospitals offering a broad spectrum of inpatient, surgical, diagnostic and outpatient services. Hillside Rehabilitation Hospital is ValleyCare's distinguished acute rehabilitation hospital located in Warren that provides multifaceted inpatient and outpatient rehabilitation services. ValleyCare Health System of Ohio also operates several affiliated outpatient facilities throughout the Mahoning Valley including, surgical services, urgent care, diagnostic, lab and occupational health. Together we provide care for hundreds of thousands of patients every year. To learn more visit www.ValleyCareofOhio.net.*